



# Courage News



March, 18th 2024

School Paper

Monday

## Introduction to Courage Newspaper

This is the Courage Newspaper. Every Monday we will release a new newspaper about courageous things that happened over the week. We will include a courageous kid from the “Weekly Courageous Kid” that's shown on the front screen. The Courage News is supposed to highlight the courageous things that happened over the past week.



## Interview with Dr. Godina

- What does courage mean to you? To Dr. Godina courage is doing something even though you're afraid to do it because you know it's right.
- How do you show courage? Dr. Godina shows courage by showing up even when things are hard.
- Do you see courage a lot on campus? Yeah, every day everybody is Courageous, people push through.
- What is the most difficult thing you've ever done Dr. Godina? How did you solve it? Being a parent, I haven't solved it yet.
- When you first started showing courage were you scared? Yes. Why? Sometimes I am afraid because we don't know what the outcome will be. When you feel safe you can be more brave. I think Washington is a safe place to be, so you can be more brave.



## 6th vs. 5th Kickball Game



On February 29th grades 6th and 5th had a HUGE kickball game *but* it was not that bad. It was a fun game. The best part is that nobody was bragging about outs or winning. Anyone who has gone to Washington for at least a year knows that on the last day of school teachers and the sixth-graders go in a head-to-head kickball game. So far sixth grade has never won. But this year we plan to change that, so the sixth grade has been practicing since. When we reach the end of the year, the teachers usually have the most fans but this year we need you to help us win the game. Let me explain how, if we are playing at recess don't run into the middle of the field. Make sure to support us by just wishing us good luck!

We all agree that we need to give a big shoutout to...SAM! Sam is a 5th-grade student in Dr. Lawson's class who was super kind and had so much courage during the big game on Thursday, February 29th. We were able to interview Sam. First, we asked how he felt during the game, "I felt kinda sad, but also happy, and disappointed because I didn't catch the ball." Then we asked what he liked about the game, "That I got to do it in the first place." Then we asked who he thought would win the teachers Vs. Students, "Kids are going to win 100%" Finally we asked how he had courage during the game, " I tried my best and I didn't care about who won or lost because it was just for fun." And that was our interview so if you see Sam on campus tell him that he is a courageous person!



## Weekly Courageous Kid



This week June has been chosen as Washington Elementary's, "Courageous Kid". June has shown courage throughout the year and has been very respectful and kind to others. June is always paying attention in class and trying her hardest.

June



5th grade - Dr. Lawson



# The Washington Post

Made by Washington Students

03.04.2024@Washington ElementaryMonday

## LOCOMOTIVE LIBRARIANS WORKED HARD 5th GRADE LIBRARIANS INTRODUCED THIS YEAR'S BOOK TASTING!



This year's librarians put together a book tasting once again! Every grade got to come into the library to do an activity. Each grade/group got to choose a book from a selection of novels, comic books, and other groups of books, to write or draw about. Students returned from the library with a goody bag consisting of a pencil and a bookmark.



Students working on their book tasting activity



### Upcoming Events

- SCC & LCO | March 13, 4:30 PM & 5:30 PM
- PM SECOND TRIMESTER ENDS | March 15th, Shortened Day
- Family, Student & Teacher Conferences | Week of March 18th, Shortened Days
- Spring Break | Week of March 25



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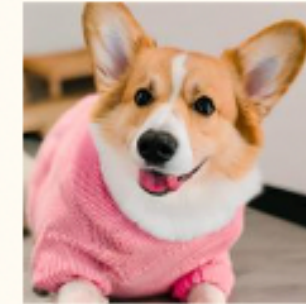
Monday

The Washington Post

@Washington Elementary

## SCHOOL PROBLEM: LITTER FOUND IN BUSHES! OUR SCHOOL THERAPY DOG IS COMING TO SCHOOL LESS AND LESS...

Pearl (our school's licensed therapy dog) will get sick if we leave trash and food on the ground. She'll eat it and get sick. Because of this, we ask to make sure that all trash gets thrown away. Save Pearl, the planet, the school, and our community by picking up any trash that you see. You're welcome to grab a trash-grabber from Room L (by the Art Room) and a bucket to pick up trash. Just return it! Thank You! We appreciate you and Pearl appreciates you!



## NEW SYSTEM FOR THROWING AWAY WASTE IN THE LUNCH ROOM

As of mid-February, there are two "trash cans" in the corner of the lunch room. Rules: the first trash bin is for plastic, the second bin is for food waste, and there is a pile of trays where you can put your lunch trays when you're done. Please follow these rules because it is California law that schools follow these rules.



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### EARLY DAYS IN MARCH

March 15th is the last day of the second trimester and the week of March 18th is Family, Student, & Teacher Conference week, so students will leave school early: 1st-3rd grades will be dismissed at 1:50 PM, 4th-6th grades will be dismissed at 1:54 PM, while kindergarten and TK's days will not be affected by the shortened day schedule.

See the school schedule at: <https://washington.scusd.edu/calendar>



### SSC & LCO MEETINGS IN MARCH

Parents and gaurdians, you are welcome to join and/or watch the SSC (School Site Council @ 4:30 PM) and the LCO (Locomotive Community Organization @ 5:30 PM). Both of these meetings are held in the library. This month the meetings will be on March 13th. The QR code on the left has the poster for both of the meeting schedules.



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### WEEKLY INTERVIEW: MR. BEN

Mr. Ben is our school's social worker. He does one-on-one, group, and classroom visits. Mr. Ben is here to help you be happy and mindful. You can ask Mr. Ben to set up an appointment with him if you're having mindfulness or friend/school-related problems.

- Q: What is your job title? A: School Social Worker.
- Q: What is your favorite part about your job? A: Working with students when they have problems.
- Q: What is the hardest part about your job? A: When I have to improvise when problem-solving.
- Q: How long have you worked with kids? A: Around 20 years.
- Q: How many students do you work with one-on-one and in groups on a chronic basis? A: Around fifteen to twenty students.
- Q: How has working with kids changed your perspective? A: That kids can teach adults things too.



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# Weekly PBL Summary: Exploring Emotions

Ms. Matolo's TK Class



**Title:** Exploring Emotions  
**Driving Question:** How can express and understand our emotions?  
**Vocabulary:** emotions, feelings, facial, expressions, and strategies



**Knows:**

I feel sad when I have an owie  
I feel angry when my brother hurts me  
I feel sad when no one plays with me  
If you get hurt, you cry  
I feel a lot of different emotions



**And more**

**Need To Knows:**

I wonder if people feel sad when they get their feelings get hurt.

Why do people feel scared when it's dark?  
How do emotions help people?

**And More**



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# The Story of Two Teachers

For two years in a row, Washington Elementary has won the award for Teacher Of The Year. The first teacher to be given this award, in 2023, was Debi Lawson. Dr. Lawson has great qualities such as helping her student teacher, being hilarious, and allowing her students to express themselves through art projects. This year, 2024, Nicole Quinn won the award as well. She is a sixth-grade teacher and knows how to deal with her quirky students. She, like her students, has a unique personality. If you got a description of her, you'd instantly know who it was. And that's a good thing! Uniqueness is wonderful. These two are great at their jobs. For these reasons, they deserve their awards.



“EDUCATION IS ONE THING NO ONE CAN TAKE AWAY FROM YOU.”

-Elin Nordegren



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# Weekly Newsletter

Spring, 2024 Vol. 1

**WASHINGTON POST:**

## The First Newsletter and More About it



This week we celebrate our first Newsletter of the year. You may enter comics that will be posted in the Newsletter each week.

There will be Art of the Week and Teacher of the Week. For Teacher of the Week, it does not mean that teacher is the best, but that week we will talk to students from that teachers class about what makes them a good teacher and what qualities the teacher posses that make them a good teacher.

There is also going to be votes on what to name this Newspaper instead of just Newsletter!



### More About Voting on Names for the Newsletter

Some names that we have come up with, are Washington Weekly, Washington Voice, Washington Press, Washington Insider. Vote on which you like, or add ideas of you own!!

## Weekly Newsletter

## More about Comic Strips and Ads for your Business

Another bit about the newspaper , we will be having a comic strip. If you would like to enter a comic into the school newspaper. Another thing about this is that you cannot be upset if your comic isn't the first in the paper, because so many people will be entering comics.

Also, so many people have businesses, so you can ask to have an ad for your business posted in the paper, too. If you have any questions about the newspaper, come to the 4th grade editors of the newspaper!

Also, you can, for a limited time, enter a small article about what any special interests/hobbies you have for the whole school to read. Maybe you had a funny incident or maybe you met a famous person, we don't know... not until you tell us, at least. Also, another idea is you can write a comic about what you did over break. Make sure the comics are positive and school appropriate!

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## Weekly Newsletter

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# First Ever Teacher of the Week and Student of the Week

So,, for teacher of the week, we will have Ms.S and one of her students. Originally, the Newspaper editors were not going to do teacher and student of the week, but now have decided that doing this will benefit the classes!! The student we will be interviewing will be... SOREN!!!! So, please do not get upset if you were not chosen, everyone will get a chance to be Student of the Week, and you will get a turn!!!

Q: What was your favorite high school experience?: My favorite high school experience was being involved in theater. I made a lot of good friends and got a pretty big role in a musical my senior year. It taught me how to handle more responsibility and allowed me to stay active in my school community,



Q: What influence did your high school teachers have on you?: My teachers had a big influence on my life, they helped build my confidence and opened up my mind to so many different opportunities. Being a teacher now, I think back to the teachers I had as a kid and I take inspiration from several and even view a few as an example of what not to do.



Q: When did you know you wanted to be a teacher?: I knew I wanted to become a teacher once I realized the impact my education had on me. Having a safe, welcoming, respectful environment to learn in made such an impact on me and my education. Now, I get the opportunity to make an impact on kids who need that space to feel comfortable enough to grow and be challenged. I am inspired by the kids I've encountered so far and look forward to learning from them and celebrating the individual strengths they each possess.



Q: What was your favorite subject in school?: My favorite school subject changed a lot throughout the years. I honestly just find joy in learning in general. I really enjoy how math is something you can solve and there is a specific answer you get to in the end, it feels like a game to me.

What effect has Dr.Godina had on your life?: Dr. Godina was actually an assistant principal when I was in high school at McClatchy! She is such an inspiration to me. I love how involved she is with the community and how she makes our school feel like a family. She has such a calming presence and demonstrates such sincerity with every interaction. Dr. Godina helps to create and maintain an environment where the members in our community can feel safe, welcomed and respected so that we can all flourish.



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## Weekly Newsletter

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# First Ever Teacher of the Week and Student of the Week

Now we will be interviewing Soren

And now here is a small quote from our teacher, Ms.S, on why she nominated Soren. I nominated Soren Benveniste because he is such a kind soul, good friend and hard worker. He is always smiling and laughing, ready and willing to help out a friend in need, and and stays engaged in classroom discussions. Let's go into our talk with Soren, and ask him what he appreciates about Ms.S.

What makes Ms. S such an awesome teacher, in your opinion?  
**That she is always kind and caring. She is always getting us moving and makes us have smiles on our faces.**



What is the thing that makes Ms.S good at helping us learn?  
**She always motivates us through hard times and helps to understand.**



If you could snap your fingers and land your dream job, what would it be?  
**A blacksmith, because they seem super cool! It is also cool that they get to weld.**

Is there anything else you want to add about your feelings on being the first Student of the Week?  
**I am super happy and I wonder why Ms.S chose for me to be the first Student of the Week.**



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## Weekly Newsletter

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# Washington History and Sacramento History

Sports Teams;  
The Kings, and  
the Rivercats



Each week, we will give an update on the Kings and the rivercats  
We will give any scores from their previous games ., and a brief

piece of Sacramento history, and, if we can find it, a piece of Washington history!!!

This will finish all about the Newspaper, and next weeks edition will have comics,, adds and maybe the name of the Newspaper!

We will also talk about Sacramento History, and this week, next week, and maybe even the week after, the subject of history will be the football team the Sacramento Surge. They were a American football team in 1991 and 1992. They played in the WLAF . We have this page to cater to football, and other sport fans. This is just an idea, but for those comic artist and football fans, you can make sports comics! So, let's end this first newspaper on a positive note, so have a fantastic day! Thank you and remember to vote for the newspaper name, enter comics, and add some ads!